SOUTHWESTERN VERMONT COUNCIL ON AGING
Celebrating Over 50 Years of Service

Empowering Vermonters to age with dignity, independence, and quality of life

Mindful Moments Memory Café

Caring for Someone You Love with Memory Loss?

You don't have to navigate it alone

Activities

BPI Bennington Project Independence Adult Day Service

December 29th: Christmas Bingo

January 26th: New Year's Resolution/Goal Project

February 23rd: Cookie Decorating

Memory Cafés are a welcoming, social gathering for people living with memory loss and their caregivers to connect, relax, and enjoy time together.



Bennington Café is held every last Tuesday of the month
Location: 614 Harwood Hill Road, Bennington
Time: 10:00 am - 11:00 am

Get Support Today

Call: 1-800-642-5119

Visit: svcoa.org

Programs offered throughout Rutland & Bennington Counties

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SOLOMON WRIGHT PUBLIC LIBRARY

December 9th: Christmas Bingo

January 13th: New Year's Resolution/Goal Project

February 10th: Cookie Decorating

Memory Cafés are a welcoming, social gathering for people living with memory loss and their caregivers to connect, relax, and enjoy time together.



Pownal Café is held the 2nd Wednesday of each month.
Location: Solomon Wright Public Library, 97 Main St Pownal
Time: 10:30 am - 11:30 am

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MAPLES Senior Living Community

December 15th: Christmas Bingo

January 19th: New Year's Resolution/Goal Project

February 16th: Cookie Decorating

Memory Cafés are a welcoming, social gathering for people living with memory loss and their caregivers to connect, relax, and enjoy time together.



Rutland Café is held every third Tuesday of the month
Location: The Maples, Dayroom, 5 General Wing Road, Rutland
Time: 10:30 am - 12:00 pm

Get Support Today

Call: 1-800-642-5119

Visit: svcoa.org

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